



MIDTOWN MARTIAL ARTS

525 N. Main St - Elburn, IL 60119

630-365-2344

midtownmartialarts@outlook.com

<http://elburnmidtownmartialarts.com>



BOARD BREAKING SEMINAR

Dear Students and Parents,

Since board breaking is limited to only promotion tests, I have had some requests that we practice it during classes to get some more experience. While I do have re-breakable boards, and they can be a great training tool, they do not give the exact same experience as the real thing. Also, it does take a fair amount of time during class, as it must be practiced one student at a time.

Therefore, I have decided to conduct a board breaking seminar exclusively for this task. Students that want to practice this will have the perfect opportunity to do so.

Practice will be on the re-breakables and regular pine wood. You'll learn proper technique to maximize your effectiveness of each strike, and build your confidence for the tests.

Saturday, June 10th

1pm ~ 3pm

Kids: \$25

Teens and Adults: \$40

I will have all new re-breakable boards for this seminar. I will provide PLENTY of real pine boards. Your fee will go to cover the costs of the materials. No need to pay until seminar day.

I will also provide Gatorade and water.

I will need a minimum number of interested students to proceed with this. If I do not have enough interest, I will cancel it. Please advise by May 27th if you want to attend.

Thank you,

Master Kimberly Cote